

# ACMN NEWSLETTER

## OCTOBER 2023

Welcome to the October ACMN Newsletter, and a special welcome to our newest members! It's great to have you join us.

Have you visited our [BLOG](#) lately?

### MEMBER ZOOM NETWORKING: WHAT'S IT ALL ABOUT?

It's a great discussion space to connect with fellow mentors in our network, and share life/ministry experience, articles and resources on a variety of different topics.

In September we tackled the idea of **"Mentoring For Fun - Helping Mentorees Have More Fun"**. A frivolous topic you may think? Certainly not when we understand the context of FUN in its renewing, replenishing and creative purpose, recognising that we neglect and trivialise fun at the risk of our own health and sustainability!

We launched off Catherine Price's TED Talk: 3 elements of true fun - and how to have more of it. (Check it out [here](#) or search on YouTube). Here are some takeaway points from the session:

- Important element of REST, we are created in the image and likeness of God, and are designed not to work 24/7
- True genuine fun produces a sense of joy
- Fun is a necessity, not a luxury, not an add-on
- Fun is not a reward of labour, but the foundation of labour. We don't have to earn it
- Intentionality of fun - construct a fun objective, not related to KPI or job; diarise time for fun to make sure it is a priority
- Model it! Experience it ourselves. Grow our repertoire of fun examples to share. *"We teach what we know, but we reproduce what we are"* John C. Maxwell
- Be guarded about what we allow in; there are toxic influences all around us; fun is a counteragent
- Some things that prevent us from prioritising renewing fun in our lives? Busyness, Priorities, Digital Saturation. It might be time for a digital fast!

We chatted, shared resources, books and insights, and went away encouraged and challenged to grow! Please join us for our next Zoom Networking on 17th October!

### REGIONAL IN-PERSON NETWORKING

Chat to your local state committee member or check your emails for more details!

**21 October TAS**  
**26 October VIC**  
**28 October NSW**  
**2 November SA**

### UPCOMING NETWORK ZOOMS:

17 OCT 1.00-2.30pm  
16 NOV 7.00-8.30pm  
(AEDT)

### HAVE YOUR SAY

We would love to hear from you to help our future planning:



Please fill out [this brief survey!](#)

## NATIONAL MENTORING DAY

*Celebrating Mentors & Mentees*

#NationalMentoringDay **27th October**

NATIONAL MENTORING DAY is the largest global celebration of mentoring and was inaugurated as an official National Day at the Houses of Parliament in London, England. The day is now celebrated and recognised by millions of people, businesses, and charities across the world.

The organisation aims to celebrate, connect, educate and support MENTORS, MENTEES and mentoring initiatives giving them the recognition they deserve. National Mentoring Day was founded in 2014 and is celebrated on **October 27th** each year.

More Info: [www.nationalmentoringday.org](http://www.nationalmentoringday.org)

**ATTENDING FOR PROFESSIONAL DEVELOPMENT?**  
**A Certificate of Attendance is available on request for ACMN Zoom Networking/Training events!**



## GET TO KNOW OUR MEMBERS!

As our network grows, we'd love you to meet our members, and each upcoming edition of newsletter will feature a number of members!

You can also find some of our members on our [Find a Mentor directory](#).



### ROB MASON

**Location?** Perth, Western Australia

**Membership Category?** Professional Mentor

**How long have you been a mentor?** I have been honoured to mentor a diversity of people in spirituality, preaching, pastoral care, and mental health for over 30 years.

**What do you love about mentoring?** I love remaining curious and witnessing with wonder as God graciously reveals His presence, heart, and ways to my mentees. I am also learning to be comfortable with the unexpected and unpredictable aspects of the mentoring journey.

**Favourite book or resource you've used recently?** Richard Rohr's classic book *Falling Upward* was both a beautiful and provoking book to digest. He brilliantly reveals the spirituality of the two halves of life. I can identify with one of his statements: "*Before the truth sets you free, it tends to make you miserable.*"



### JOHN COTTER

**Location?** Based on the Central Coast NSW, mentoring from locally in person to anywhere online.

**Membership Category?** Professional

**How long have you been a mentor?** 15+ years

**What do you love about mentoring?** I love the slower, safe, intentional space that mentoring provides for us to be encouraged and challenged as we see what God is doing and inviting us into.

**Favourite book or resource you've used recently?** A classic I have been revisiting is *A Long Obedience In The Same Direction* (by Eugene Peterson) and I am enjoying working through *The Vulnerable Pastor* (by Mandy Smith).



### ANGELA JOLLY

**Location?** I live in the beautiful Adelaide Hills

**Membership Category?** Professional

**How long have you been a mentor?** I have mentored in different capacities for more than 30 years but launched my professional mentoring business in 2020.

**What do you love about mentoring?** I love coming alongside another and journeying with them in three main areas: 1) BEING: being better connected to God and self, 2) DOING: Discovering and living out your purpose and 3) LEADING: Courage to be all Gods called you to be.

**Favourite book or resource you've used recently?** Not a recent but one of my favourite books is Henry Cloud's, "integrity" - the courage to meet the demands of reality. There are many gems in this book and the one that resonates with me the strongest is the power of the "wake". Like a boat leaves a wake behind it so do we leave a wake in the areas of tasks and relationships - what did we accomplish and how did we deal with people? The book explores 6 qualities that define integrity. I find myself going back to this book often.

## RESEARCH OPPORTUNITY

Would you like to participate in and support a research project on Christian mentoring effectiveness?

Sean Blanche, a PHD student at Alphacrucis College who is passionate about mentoring, is seeking the participation of mentors and mentees for this important research project.



Find more details [HERE](#)

